



Hydrafacial Treatment Instructions

Contact our office with any questions or concerns at 210-245-4050

Pre Treatment Instructions

- Discontinue use of isotretinoin for 1 year (Sotret, Claravis, Amnesteem, and Accutane)
- Discontinue use of topical prescriptive medications for 48 hrs (Retin-A, Tazorac, Dierin, EpiDuo, Ziana)
- Refrain from any type of exfoliating treatment(s) (Glycolic, Enzymes) to the area of treatment for 48 hrs
- Refrain from Waxing and use of Depilatories for 48 hrs
- Discontinue use of OTC Acne medication (Benzoyl Peroxide, Salicylic) for 72 hrs
- If you are prone to cold sores, Hydrafacial may cause a break out; ask your doctor for a prophylactic treatment such as Valtrex
- Avoid sun tanning or tanning creams/sprays for at least 72 hrs
- No injections (Botox, Fillers) for 2 weeks before treatment
- Shaving is not recommended before Gentlemans Hydrafacial Treatment. If you choose to shave, please shave at least 3-4 hours prior to your treatment
- Feel free to contact us with your concerns if in doubt about whether you are a candidate for this treatment

Post Treatment Instructions

- Avoid sunbathing for at least 48 hrs (although, we recommend this indefinitely) to prevent UV rays from damaging your skin which slows down the benefits of the Hydrafacial. Patients who absolutely cannot avoid sun exposure should use a broad-spectrum sunscreen with an SPF of 30 or higher and Antiox Daily to maintain your improved skin
- Injections can be resumed in 24 hrs
- Waxing and depilatories can be resumed in 48 hrs
- Avoid heat (hot showers, Sauna, and intense cardio) for 24 hrs
- If you do not need Make-up for the evening of treatment, wait until the next morning
- Topical prescription medications can be resumed in 48 hrs
- OTC acne medication may be resumed in 48 hrs
- The above is a guideline and not exclusive. Please contact us with any questions or concerns