



### **elos Plus Laser Treatment**

***Contact our office with any questions or concerns at 210-245-4050.***

## **Elos Plus Sublative - Skin Resurfacing**

### **Pre Treatment Instructions**

- Avoid excessive sun exposure for a period of 2 weeks before treatment
- Avoid Dermal Fillers and Botox 2 weeks before and 2 weeks after treatment
- Stop all skin resurfacing products 3 days before treatment unless otherwise instructed by your provider or aesthetician
  - Ex: Retin-A, retinol, differin, tazorac, glycolic acid, harsh scrubs or exfoliating products, bleaching creams, etc.
- Please let us know if you have a history of cold sores, gold therapy, lupus or connective tissue disease or if you have any metal plates, rods, or screws near the areas to be treated
- Please give us a 24 hour notice if you need to cancel or reschedule your appointment to avoid any late cancellation fees
- You are not a candidate if you are pregnant, breastfeeding, or have active acne, rash, or infection within areas to be treated
- Consultations are required to determine candidacy for this treatment

### **Post Treatment Instructions**

- Transient skin erythema and edema as well as heat or tingling sensations may last up to several hours after treatment
  - Periorbital swelling may occur if eyes are treated and can be relieved with OTC Benadryl
- Frequent use of Thermal Spring Water (provided day of treatment) is recommended to cool the skin, but you may also apply cold (not frozen) compresses to the treated areas
- Non-steroidal, anti-inflammatory (NSAID) agents such as Ibuprofen are recommended for any discomfort/pain
- Tiny scabs of less than 1 mm diameter will usually last for 24-72 hours post-treatment, but may remain for 5-7 days
  - The scabs should not be touched or scratched and should be allowed to shed off naturally
- DO NOT USE SUNSCREEN THE DAY OF YOUR TREATMENT
- You should use a high-factor sunscreen of at least 30 SPF starting the day AFTER your treatment
- Avoid excessive sun exposure for 2 weeks after treatment
- It is recommended that you purchase a Post Procedure kit from Renovar for proper skin care post treatment in order to obtain optimal results
- You can return to your normal skincare routine when your skin has fully healed (~7 days)



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### **Elos Plus SRA - IPL**

#### **Pre Treatment Instructions**

- Avoid excessive sun exposure for a period of 2 weeks before treatment
- Avoid Dermal Fillers and Botox 2 weeks before and 2 weeks after treatment
- Stop all skin resurfacing products 3 days before treatment unless otherwise instructed by your provider or aesthetician
  - Ex: Retin-A, retinol, differin, tazorac, glycolic acid, harsh scrubs or exfoliating products, bleaching creams, etc.
- Please let us know if you have a history of cold sores, gold therapy, lupus or connective tissue disease or if you have any metal plates, rods, or screws near the areas to be treated
- Please give us a 24 hour notice if you need to cancel or reschedule your appointment to avoid any late cancellation fees
- You are not a candidate if you are pregnant, breastfeeding, taking oral antibiotics, or have active acne, rash, or infection within areas to be treated
- Consultations are required to determine candidacy for this treatment

#### **Post Treatment Instructions**

- Transient skin erythema and edema as well as heat or tingling sensations may last up to several hours after treatment
- Frequent use of Thermal Spring Water is recommended to cool the skin, but you may also apply cold (not frozen) compresses to the treated areas
- Non-steroidal, anti-inflammatory (NSAID) agents such as Ibuprofen are recommended for any discomfort/pain
- As a side effect, you may experience reduced hair growth within treated areas
- You should use a high-factor sunscreen of at least 30 SPF and protect the treated areas from sunlight
- Avoid excessive sun exposure for 2 weeks after treatment
- It is recommended that you purchase a Post Procedure kit from Renovar for proper skin care post treatment, which will help optimize results
- Return to your normal skin care routine as prescribed by your provider or aesthetician once your skin has fully healed



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#### **Elos Plus Sublime - Skin Tightening**

##### **Pre Treatment Instructions**

- Avoid excessive sun exposure for a period of 2 weeks before treatment
- Avoid Dermal Fillers and Botox 2 weeks before and 2 weeks after treatment
- Stop all skin resurfacing products 3 days before treatment unless otherwise instructed by your provider or aesthetician
  - Ex: Retin-A, retinol, differin, tazorac, glycolic acid, harsh scrubs or exfoliating products, bleaching creams, etc.
- Please let us know if you have a history of cold sores, gold therapy, lupus or connective tissue disease or if you have any metal plates, rods, or screws near the areas to be treated
- Please give us a 24 hour notice if you need to cancel or reschedule your appointment to avoid any late cancellation fees
- You are not a candidate if you are pregnant, breastfeeding, or have active acne, rash, or infection within areas to be treated
- Consultations are required to determine candidacy for this treatment

##### **Post Treatment Instructions**

- You should use a high-factor sunscreen of at least 30 SPF and protect the treated areas from sunlight
- Avoid excessive sun exposure for 2 weeks after treatment
- Follow your normal skin care routine as prescribed by your provider or aesthetician